



CAMP INFORMATION GUIDE



TENNESSEE
State Parks

IMPORTANT DATES

February 22, 2019

April 14, 2019

April 22, 2019

May 18, 2019

June 2, 2019

July 7, 2019

July 1, 2019

July 1, 2019

July 1, 2019

Registration Opens

Price Increase

Earth Day Discount

Discount listed on Camp Tanase Facebook one week prior

Kids to Parks Day Discount

Discount listed on Camp Tanase Facebook one week prior

Price Increase

Price Increase

Camp Counselor Applications Due

Volunteer Applications Due

Outstanding Balances and Forms Due

CONTACT INFO

Phone 615.306.0611

Email heather.spiva@tn.gov

Address 1020 Jackson Hill Rd, Burns, TN 37029

Registration www.camptanase.com/register

Website www.camptanase.com/

Facebook CampTanase

Instagram camptanase



ABOUT CAMP TANASE

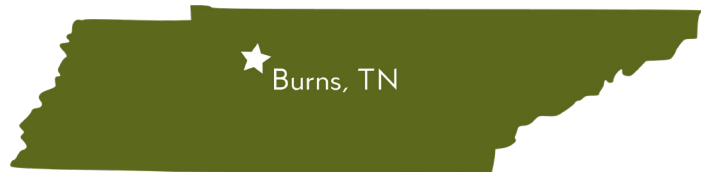
Founded by Park Rangers in 2019, Camp Tanase is an overnight camp for boys and girls ages 10-14 held at Montgomery Bell State Park. Tanase is a Cherokee word meaning "meeting place". It's our mission at Camp Tanase to provide a meeting place within our park in which campers can come together to relax, learn and grow.



We believe that summers are meant for outdoor adventures, cooling off in the lake, and sparking friendships around the campfire that last for years to come. We don't just lead traditional camp activities, we spend time teaching each camper the skills they need to take on the great outdoors like a true Park Ranger. Through activities such as survival skills, first aid, and hiking, your camper will learn how to be a leader for themselves, others, and our beautiful Tennessee State Parks.

MONTGOMERY BELL STATE PARK

Located only 34 miles from Nashville
in Burns, TN



3

Lakes

17

Cabins

19

Miles of
Hiking Trails

A Typical Day at Camp

A typical day at camp involves outdoor and indoor activities that are focused on teaching and engaging each individual camper. Each day will include a different daily activity such as: Wilderness survival, Native American crafts and weapons, and hiking. During structured free time blocks campers can choose to participate in an organized activities such as drama and obstacle courses or they can opt to relax and enjoy the nature. At night, activities might include all-camp group activities such as astronomy, campfires, and storytelling.

 DAILY SCHEDULE	
8:00 am	Breakfast
9:15 am - 10:15 am	Daily Activity Block 1
10:15 am - 11:15 am	Daily Activity Block 2
11:15 am - 11:30 am	Snack
11:30 am - 12:30 pm	Daily Activity Block 3
12:30 pm	Lunch
1:30 pm - 2:00 pm	Rest
2:00 pm - 3:00 pm	Daily Activity Block 4
3:00 pm - 4:00 pm	Daily Activity Block 5
4:00 pm - 5:00 pm	Rec Games
5:00 pm	Snack
5:15 pm - 6:00 pm	Structured Freetime
6:00 pm	Dinner
7:00 pm - 8:00 pm	Structured Freetime
8:30 pm - 9:30 pm	Campfire
10:00 pm	Lights Out

** schedule subject to changes*

Camp Activities

During the week campers will participate in various activities, all of which a Ranger might encounter within their line of work. Each day campers will have the opportunity to participate in a new activity during their daily activity blocks. Water activities will be offered daily. Campers will travel with their "clans" to each activity and participate as a group. There are six categories that our activities fall under, Listed below are the specific activities that we offer:

Water Activities

- Paddling
- Swimming
- Fishing
- Creek Critter Hunt

Wilderness

- Hiking
- Wildlife Observation
- Birds of Prey Program
- Astronomy

The Ranger Experience

- First-Aid
- Horse Mounted Patrol

Arts and Crafts

- Homestead Crafts
- DIY Honey Bee Products

Field Day

- Tug of War
- Relay Races
- Sack Race
- Sponge Pass

Rec Games

- Corn Hole
- Volleyball
- Kickball
- Ultimate Frisbee

How Do I Register?

1. Head to www.camptanase.com

2. Click on the 'register' tab

3. Click on the correct registration category : girls or boys

Both categories register for the same camp dates, this is for administration purposes only

4. Fill out the registration form

5. Check your e-mail for a confirmation e-mail.

6. Open the link in the e-mail to fill out your child's medical forms.

SLEEPING AT CAMP



Cabins

There are 17 cabins at Camp Tanase split between two loops. One loop houses the boys and the other houses the girls. Each cabin sleeps 4 campers. There are two counselor cabins located amongst the camper cabins on each loop. Each cabin is named after a type of tree that can be found in Tennessee. Some cabins face the lake while others are nestled between the trees. The cabins are not equip with A/C, but campers are allowed to bring a box fan with them up to 20 inches if they prefer.

Cabin Names

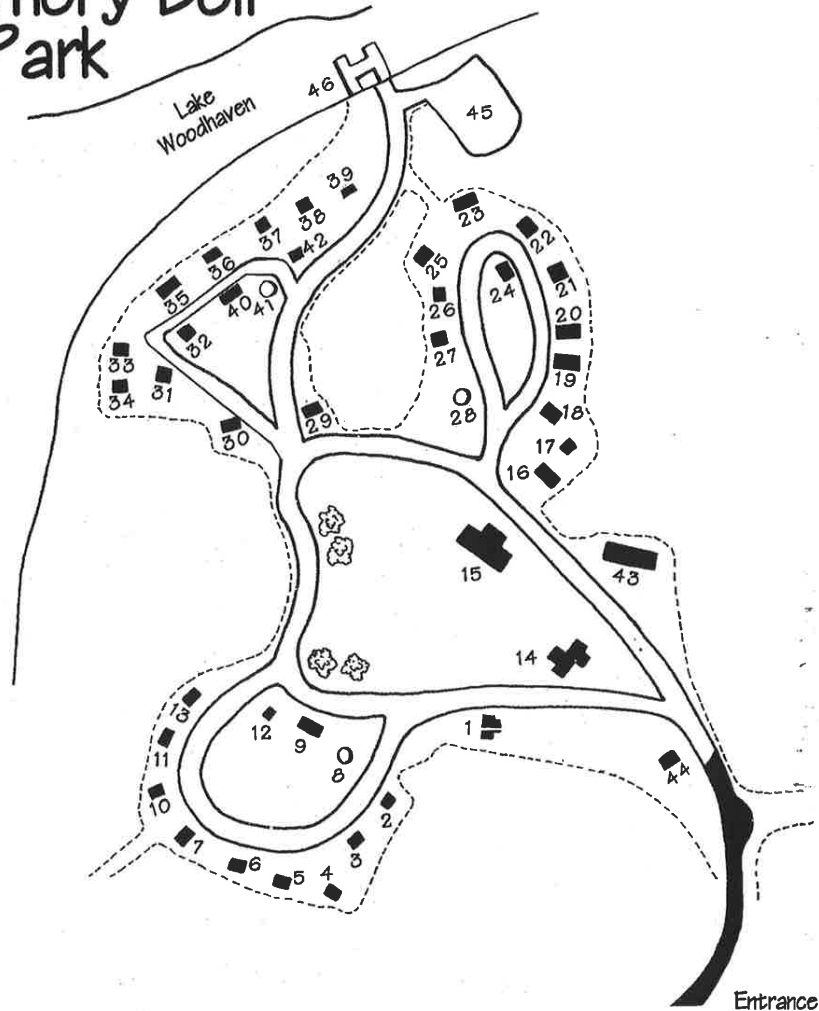
Sweet Gum. Sycamore. Poplar. Cedar. Hickory. Pine. Oak. Chestnut. Cottonwood.
Magnolia. Maple. Buckeye. Dogwood. Sumak. Willow. Cyprus. Sourwood.

“Clans”

While at camp, each camper will be placed into a group called a "clan" that they will hang out with for the week. Each clan will serve as a home base for the campers. They will travel to and from activities together to foster a team mentality and encourage the campers to get to know one another. There will be approximately ten campers and one counselor in each clan. We wanted to build upon the Cherokee roots of Tanase and named each group after one of the seven Cherokee clans. The clan names are Deer (a-ni-a-ha-wi), Bird (a-ni-tsi-s-qu), Longhair (a-ni-gi-lo-hi), Wild Potato (a-ni-go-da-ge-wi), Blue (a-ni-sa-ho-ni), and Paint (a-ni-wo-di).

CAMP MAP

Montgomery Bell State Park Group Camp 1



- | | | |
|--|---|---|
| # 1 Field Bath House | # 16 Counselor Cabin - 4 Bunks | # 33 Cabin - 4 Bunks |
| # 2 Cabin - 4 Bunks | # 17 Cabin - 2 Bunks | # 34 Cabin - 4 Bunks |
| # 3 Cabin - 4 Bunks | # 18 Cabin - 4 Bunks | # 35 Counselor Cabin - No Bunks - Fireplace |
| # 4 Cabin - 4 Bunks | # 19 Cabin - 4 Bunks | # 36 Cabin - 4 Bunks |
| # 5 Cabin - 4 Bunks | # 21 Cabin - 4 Bunks | # 37 Cabin - 4 Bunks |
| # 6 Cabin - 4 Bunks | # 22 Cabin - 4 Bunks | # 38 Cabin - 4 Bunks |
| # 7 Cabin - 4 Bunks | # 23 Counselor Cabin - No Bunks - Fireplace | # 39 Cabin - 2 Bunks |
| # 8 Bath House | # 24 Cabin - 2 Bunks | # 40 Cabin - 2 Bunks |
| # 9 Counselor Cabin - No Bunks - Fireplace | # 25 Cabin - 4 Bunks | # 41 Cabin - Bath House |
| # 10 Cabin - 4 Bunks | # 26 Cabin - 4 Bunks | # 42 Cabin - 4 Bunks |
| # 11 Cabin - 4 Bunks | # 27 Cabin - 4 Bunks | # 43 Covered Shelter |
| # 12 Well House | # 28 Bath House | # 44 Guard House - no Bunks |
| # 13 Cabin - 4 Bunks | # 29 Counselor Cabin - 4 Bunks - Bathroom | # 45 Range |
| # 14 Counselor Cabin - 8 Bunks - Fireplace | # 30 Cabin - 5 Bunks | # 46 Swim Dock |
| # 15 Dining Hall | # 31 Cabin - 4 Bunks | |
| | # 32 Cabin - 4 Bunks | |

FREQUENTLY ASKED QUESTIONS

1. What kind of food is provided at camp?

Breakfast, lunch, dinner, and two snacks will be provided each day. Meals will be catered by the restaurant staff at Montgomery Bell State Park. A typical day will include: Breakfast- eggs, sausage or bacon biscuits, cereal bar, juice. Lunch- Pulled pork sandwiches with chips, fruit, cookie, and a drink. Dinner- Spaghetti marinara with meatballs, garlic bread, salad, and drink. Snacks - fruit, granola bars. If your child has any dietary needs, please make sure to note this while filling out their medical form that will be sent to your provided email address upon registration.

2. How will I reach my child in the case of an emergency?

In case of an emergency, please call the Montgomery Bell State Park Inn at 615-797-3101 or 1-800-250-8613 (toll-free). Someone will be available 24 hours a day. You can also reach the Camp Directors at 615-306-0611.

3. Are campers required to wear Personal Flotation Device (PFD) during water activities?

All campers will wear PFD while boating, according to Tennessee law. At the beginning of camp, all campers who wish to participate in water activities will preform a swim test conducted by staff; Swimming in designated areas without a PFD will be allowed. Lifeguards will also be on duty during swimming times.

4. What if my child has medical needs during camp?

Camp Tanase's Tennessee State Park Rangers are State Commissioned Law Enforcement Officers and trained paramedics and emergency medical technicians. All registered campers are required to fill out a Health & Safety form prior to attending camp in order to inform staff of any health conditions, medication, allergies, or special accommodations needed. Please be aware that we are not able to provide one-on-one care. Contact our camp director with any concerns about medical attention or needs.

5. Can campers request to share a cabin with friends?

Yes, your camper can request one cabin mate. Keeping the balance between campers that already know each other and campers that don't is very important. Cabin assignments will be made thoughtfully to encourage new friendships in addition to creating memories with old friends.

6. Are visitors allowed during camp?

In order to maintain the safety and security of all campers, no visitors will be allowed at any time. If you would like to remain close to your camper, we recommend making a reservation to stay at the park inn, cabins, or campground. Reservations can be made online or over the phone at (615) 797-3101.

VOLUNTEER AT CAMP TANASE

We all wish we could experience the magic of summer camp again, but most of us think that period of our lives is long gone. What if we told you that not only could you be at camp, but you could be a part of the team that makes camp so special for kids every year! Camp Tanase is looking for devoted volunteers that have a passion for camp and making summer adventures happen. From program support to photographers, we have a spot for you on our team that will utilize your talents.

Who Are We Looking For?

All volunteers must be over the age of 18 and pass a background check. Prior camp experience is preferred but not required. You may volunteer for one day or the entire week. We are looking for individuals who would fit into one of the following fields:

Program Support

Assist Rangers and counselors with programs like canoeing, hiking, arts & crafts, etc.

Field Day Activities

Get into the spirit of camp as you assist with field day activities like tug of war, trivia, & sack races.

Photography

Love to take photos? Help us capture all the fun that will be had at Camp Tanase!

Meals

The most important time of day, food! Help us serve meals to campers.

Don't see a volunteer opportunity that fits or interested in being a camp counselor? Contact our camp director Heather Spiva, heather.spiva@tn.gov and we'll work with you to see if there's an opportunity you could fill.

How Do I Apply?

Apply by visiting our website, www.camptanase.com/volunteer. Fill out the online form and we'll be in touch. All forms are due by July 1, 2019. Check out the volunteer FAQ section for answers to popular questions or send us an email.

CAMP TANASE PACKING LIST

TOILETRIES

- ☐ Deodorant
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Soap
- ☐ Shampoo/Conditioner

CLOTHES

- | | |
|---|---|
| <input type="checkbox"/> T-Shirts | <input type="checkbox"/> Water Shoes |
| <input type="checkbox"/> Pants | [Must stay on well, No Flip Flops] |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Shower Shoes |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Raincoat |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Sweatshirt/ Fleece |
| <input type="checkbox"/> Athletic Shoes | <input type="checkbox"/> Bathing Suit |
| <input type="checkbox"/> Hiking Shoes | <input type="checkbox"/> Light Jacket |
| [not required] | <input type="checkbox"/> Pajamas |

LINENS + SUPPLIES

- | | |
|--|--|
| <input type="checkbox"/> Sleeping bag | <input type="checkbox"/> Laundry bag |
| <input type="checkbox"/> Sheets [Twin] | <input type="checkbox"/> Water Bottle |
| <input type="checkbox"/> Blanket | <input type="checkbox"/> Day Pack |
| <input type="checkbox"/> Pillow | <input type="checkbox"/> Flashlight +Batteries |
| <input type="checkbox"/> Towels | <input type="checkbox"/> Trash Bag |
| [Shower +Swimming] | |

EXTRA ITEMS

- ☐ Insect Repellant
- ☐ Lip Balm
- ☐ Sunscreen
- ☐ Hat
- ☐ Camera (disposable or inexpensive)
- ☐ Playing Cards +Small Games
- ☐ Battery-Powered Fan

WHAT NOT TO BRING

- ☐ Weapons (including pocket knives)
- ☐ Alcohol, Tobacco, or any other drugs
- ☐ Food or Snacks - We don't want any critters attracted to the cabins

CELL PHONES

Cell phones will be allowed in the cabins and during free time. If at any time this becomes an issue, all phones will be collected, labeled with camper's names, and stored for the duration of camp.
Cell phone service is not guaranteed.